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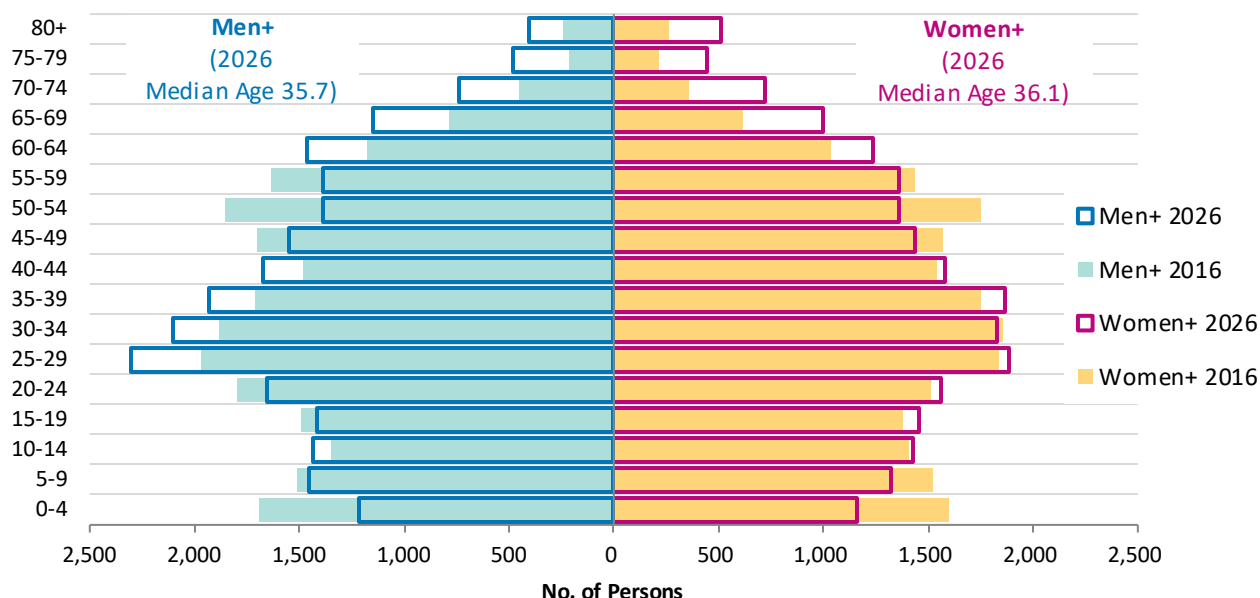
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Northwest Territories Population by Age and Gender July 2026

On July 1, 2026, Statistics Canada estimated that 45,904 people were living in the Northwest Territories, a decrease of 127 people from one year ago. The components of natural increase over the one-year period consisted of 461 births and 333 deaths, resulting in a net increase of 128 persons. Interprovincial migration accounted for 1,578 persons moving into the Northwest Territories from other provinces and territories, while 2,379 persons moved away, representing a net loss of 801 persons. Internationally, there was a net in-migration of 546 persons.

Historically, the NWT has had a relatively young population; as of July 1, 2026 the median age in the territory was 35.9 years, compared to 40.9 for Canada. Despite the young median age, the NWT population is aging as illustrated by the population pyramid in Figure 1. Between 2016 and 2026, the proportion of the NWT's population that were seniors (those aged 60 and older) increased from 12.0% to 17.8%.

Figure 1 Population Distribution, by Age and Gender,
Northwest Territories, July 1, 2016 to July 1, 2026



1. "Men+" includes men (and/or boys), as well as some non-binary persons.
2. "Women+" includes women (and/or girls), as well as some non-binary persons.

**Figure 2 Growth of Seniors Population from 2016 to 2026
Canada, Provinces and Territories**

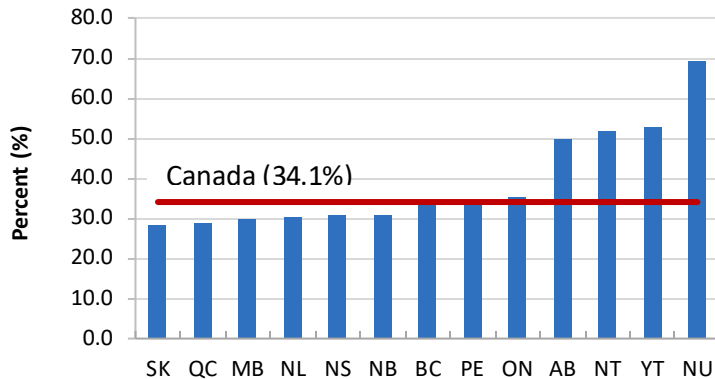


Figure 2 shows the growth in seniors in the provinces and territories. Between July 1, 2016 and July 1, 2026, the increase in the seniors population in the NWT (+51.7%) was the third largest after Nunavut (+69.4%) and Yukon (+52.9%). Saskatchewan (+28.2%) had the lowest growth in seniors over the same period.

Nationally, Canada's population increased by 0.5% between July 1, 2025 and July 1, 2026 (Table 1). Yukon (+2.5%) was the fastest growing province or territory year-over-year closely followed by Nunavut (+2.3%). Northwest Territories was the only jurisdiction that saw their population decline (-0.3%).

**Table 1 Population Estimates and Annual Rate of Growth, by Province and Territory
July 1, 2023 to July 1, 2026**

	2026 01-Jul	(%) Change	2025 01-Jul	(%) Change	2024 01-Jul	(%) Change	2023 01-Jul
Canada	41,798,407	0.5	41,608,982	1.1	41,162,593	2.8	40,022,704
Northwest Territories	45,904	-0.3	46,031	1.7	45,274	1.5	44,611
Nunavut	43,091	2.3	42,108	1.6	41,444	1.2	40,939
Yukon	50,356	2.5	49,150	3.1	47,683	5.0	45,410
British Columbia	5,710,598	0.1	5,702,544	0.8	5,659,205	2.7	5,512,217
Alberta	5,101,050	1.5	5,024,631	2.5	4,901,795	4.6	4,688,032
Saskatchewan	1,278,402	1.0	1,266,289	1.7	1,245,196	3.0	1,209,273
Manitoba	1,517,379	0.6	1,508,582	1.4	1,487,953	2.5	1,452,054
Ontario	16,262,121	0.3	16,216,961	0.8	16,090,358	3.0	15,618,269
Quebec	9,067,114	0.2	9,051,022	0.8	8,982,312	1.9	8,818,050
New Brunswick	883,522	1.0	874,711	2.1	857,114	3.3	829,937
Nova Scotia	1,103,419	0.8	1,095,157	1.4	1,080,310	2.6	1,052,601
Prince Edward Island	182,989	0.8	181,594	1.5	178,869	3.2	173,270
Newfoundland & Labrador	552,462	0.4	550,202	0.9	545,080	1.3	538,041

The historical detailed components of population change for the Northwest Territories are presented in Table 2.

For more information about these estimates or for community level population estimates and projections, please visit the NWT Bureau of Statistics website at <http://www.statsnwt.ca> or call (867) 767-9169.

Table 2 **Components of Population Change, by Time Period**
Northwest Territories – July 1, 2020 to July 1, 2026

		Beginning Population	Ending Population	Births	Deaths	Interprovincial Migration			Net International	Error of Closure
						In	Out	Net		
Quarterly										
2026	Apr-Jun	46,071	45,904	125	86	548	933	-385	179	0
	Jan-Mar	46,046	46,071	122	82	576	664	-88	73	0
2025	Oct-Dec	46,038	46,046	114	84	229	376	-147	125	0
	Jul-Sep	46,031	46,038	100	81	344	525	-181	169	0
	Apr-Jun	45,892	46,031	124	84	573	638	-65	164	0
	Jan-Mar	45,700	45,892	120	79	450	458	-8	159	0
2024	Oct-Dec	45,526	45,700	123	82	205	229	-24	157	0
	Jul-Sep	45,274	45,526	130	79	432	411	21	180	0
	Apr-Jun	45,050	45,274	129	82	627	608	19	158	0
	Jan-Mar	44,707	45,050	121	77	786	680	106	193	0
2023	Oct-Dec	44,588	44,707	122	74	195	307	-112	183	0
	Jul-Sep	44,611	44,588	126	73	320	554	-234	158	0
	Apr-Jun	44,379	44,611	110	65	610	589	21	166	0
	Jan-Mar	44,391	44,379	124	61	723	890	-167	92	0
2022	Oct-Dec	44,541	44,391	122	80	187	460	-273	81	0
	Jul-Sep	44,626	44,541	112	83	323	488	-165	51	0
	Apr-Jun	44,764	44,626	117	71	696	971	-275	91	0
	Jan-Mar	44,754	44,764	157	78	505	616	-111	42	0
Annual										
2025-2026	July - June	46,031	45,904	461	333	1,578	2,379	-801	546	0
2024-2025	July - June	45,274	46,031	497	324	1,520	1,596	-76	660	0
2023-2024	July - June	44,611	45,274	498	306	1,763	1,984	-221	692	0
2022-2023	July - June	44,626	44,611	468	289	1,619	2,203	-584	390	0
2021-2022	July - June	44,579	44,626	553	304	1,765	2,204	-439	237	0
2020-2021	July - June	44,504	44,579	575	295	1,445	1,621	-176	168	-197

Note: 1. Net International represents the net total of all Immigrants, Emigrants, Returning Canadians, Non-Permanent Residents and Individuals Temporarily Abroad.

2. Error of Closure represents the difference in population change as measured by the individual components of growth and that observed using 2021, 2016, 2011 and 2006 census-based population estimates.

Source: Statistics Canada, Demography Division.